

# Monthly FOCUS LIVE Webinar Series



# PowerPoint Lecture Handouts



# Monthly FOCUS Live Webinar Series Agenda

Wednesday, November 13, 2024					
6:45 pm to 7:00 pm	Virtual Conference Entry Period				
7:00 pm to 7:05 pm	Announcements & CE Credit Overview				
7:05 pm to 7:55 pm	Diagnosis of Inherited Retinal Diseases Using Genetic Testing In Practice Presented by Wendy Harrison, OD, PhD, FAAO	1 D/T Hour	COPE ID # 93626-SD		
7:55 pm to 8:00 pm	Questions & Answer Session/Conclusion				

# GENETIC TESTING IN CLINICAL PRACTICE: INTERESTING CASES

WENDY HARRISON OD PHD FAAO

**ASSOCIATE PROFESSOR UHCO** 

### GENETICS IN PRACTICE

- Over the last several years, genetic testing in practices has evolved.
- We now have access to data we did not have before.
- Some of it is helpful and some of it is not.
- Today we will explore genetics in practice.

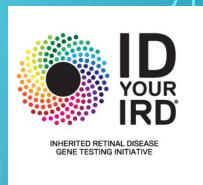
# GENETIC TESTING IN RETINAL PRACTICE- AN IMPORTANT DETOUR

- Who should do this, when and how.
- You can do it, hopefully this presentation will help you decide if this is something that will build your practice or not.
- Genetic testing for everyday practice is not new concept but its becoming more and more common.
- The big reason its more common is because of cost. There are free programs to get genetic testing done for patients. It is also available for purchase.

### NUTS AND BOLTS

What do you actually do?
 ordering and programs
 Who qualifies for free
 how to collect spit





- Genetics are generally through prevention genetics for IRDs
- "My retina tracker" is the program through the foundation for fighting blindness and spark therapeutics.
- Invitae labs and blueprint have previously hosted the program.
- https://www.invitae.com/en/idyourird/
- You can still go through other labs but the patient will have to pay
- You can pay for genes not included.

# YOU NEED TO SIGN UP FOR THE PROGRAM

- To work with Foundation for fighting blindness you need to sign up through their program.
- There is an application and then you have to be approved
- Once approved you can order tests.

### **My Retina Tracker Genetic Testing Program: Provider Application**

The My Retina Tracker Genetic Testing Program is a close collaboration between Foundation Fighting Blindness, PreventionGenetics, and InformedDNA that is largely funded through philanthropic donations to the Foundation Fighting Blindness. To date, thousands of participants have undergone genetic testing through this program. With the resulting genotypic data, which is linked with phenotypic data available in the My Retina Tracker Registry (MRTR), the primary aim of this Program is to describe the genotype-phenotype associations of inherited retinal diseases (IRDs) in Registry participants to benefit patients and the IRD research community. It also benefits the research, medical, and IRD patient communities by:

- Creating a research-ready cohort of individuals who have consented to receive targeted recruitment notifications sent by the Foundation on behalf of research/clinical partners.
- Enhancing an already robust dataset which can be shared with research/clinical partners to support study feasibility assessments, site selection, cohort identification, and more.
- · Addressing patient barriers to IRD genetic testing and genetic counseling access in the United States.
- Allowing health care providers to order the highest quality genetic testing which has historically not been covered by health insurance but may have medical and familial implications.

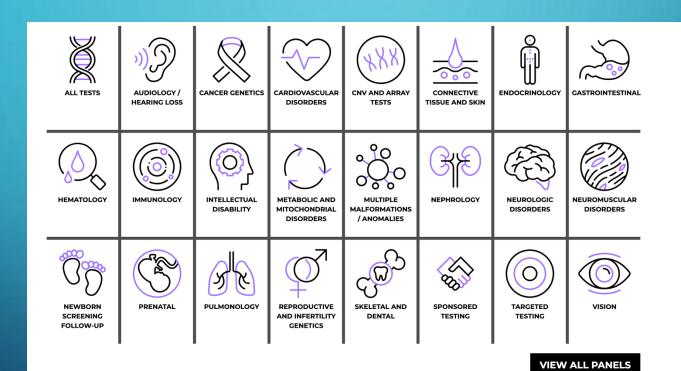
The My Retina Tracker Program Panel, provided within this program by PreventionGenetics, is a **carefully curated 110-gene panel targeting relevant genes associated with IRDs that account for over 97% of the solved cases in the My Retina Tracker Genetic Testing Program to date.** This panel includes prevalent mitochondrial genes and full RPGR coverage, including the difficult-to-sequence ORF15 region, which is critical in retinitis pigmentosa diagnostics. Familial variant testing is available to blood relatives at no cost to the patient when certain criteria are met.

The Foundation also believes that genetic counseling is a critical part of the IRD genetic testing process. Through a partnership with InformedDNA, the Foundation offers genetic counseling to all Program participants undergoing gene panel testing at no cost to the patient. These counseling sessions, which help patients fully understand the medical and familial implications of their results, are conducted in a remote telehealth environment.

Eye care specialists may apply for participation in the My Retina Tracker Genetic Testing Program. As part of the application process, you with be required to agree to the terms and conditions of program use. The application is intended to facilitate the collection of up-to-date information on ordering clinics so we can direct program communications to the correct person and to ensure compliance with program guidelines. The Foundation's Program staff will monitor the results for potential program misuse.

Applications will be reviewed and approved by the My Retina Tracker Genetic Testing Program staff. Upon approval, the Foundation will send you an access code that is required to create a PreventionGenetics ordering portal.

### PREVENTION GENETICS PANEL







#### **My Retina Tracker Program**

The My Retina Tracker Genetic Testing Program offers individuals with a clinical diagnosis of an Inherited Retinal Disease (IRD) access to high-quality diagnostic testing, genetic counseling, and connection to a growing IRD registry at no cost to the patient. Targeted familial variant testing is also available to blood relatives of individuals who receive a positive result through the Program. The Foundation Fighting Blindness, a nonprofit organization dedicated to finding treatments for IRD, and Spark Therapeutics sponsor the Program.

**MORE INFORMATION** 

### 110 GENES INCLUDED:

https://assets.prevention
 ngenetics.com/sponsore
 dTesting/ffb/MyRetina
 TrackerProgram\_110G
 enePanel.pdf

Test Code: 16023 110 Genes

ABCA4, ABCC6, ABHD12, ADGRV1, AHI1, AIPL1, ALMS1, BBS1, BBS10, BBS12, BBS2, BEST1, C1QTNF5, CABP4, CACNAIF, CDH23, CDHR1, CEP290, CEP78, CERKL, CFAP410, CHM, CLN3, CLRN1, CNGAI, CNGA3, CNGBI, CNGB3, CNNM4, COL18A1, COL2A1, CRB1, CRX, CWC27, CYP4V2, DRAM2, EFEMPI, ELOVL4, EYS, FAM161A, FLVCRI, GUCAIA, GUCY2D, HGSNAT, HK1, IFT140, IMPDH1, IMPG1, IMPG2, IQCB1, JAG1, KCNV2, KIF11, KIZ, KLHL7, LCA5, LRP5, MAK, MERTK, MFSD8, MT-ND4, MT-ND6, MT-TL1, MYO7A, NMNATI, NPHPI, NPHP4, NR2E3, NRL, NYX, OAT, OPA1, PCARE, PCDH15, PDE6A, PDE6B, PDE6C, PEXI, PRDM13, PROMI, PRPF3, PRPF31, PRPF8, PRPH2, PRPS1, RAX2, RDH12, RDH5, RHO, RLBP1, RP1, RP1L1, RP2, RPE65, RPGR, RPGRIP1, RS1, SAG, SLC24A1, SNRNP200, SPATA7, TIMP3, TOPORS, TRPM1, TSPAN12, TTLL5, TULP1, USH1C, USH2A, and VPS13B

#### Criteria For Test ~

Participants who undergo genetic testing with the My Retina Tracker Program's 110-gene panel must:

- Reside in the United States or a US territory.
- Have a clinically confirmed diagnosis of an IRD listed below.
- Have no first-degree relatives tested through the Program.
- Have no biological relatives who received informative tests results through the Program.
- Have not undergone genetic testing with a panel consisting of 32 or more IRD-related genes within the last 5 years, whole exome sequencing, or whole genome sequencing.
- · Have not received an IRD-related molecular diagnosis from any previous genetic testing.
- · Be willing to join the My Retina Tracker Registry and share their genetic testing results with the Registry.

\*Participants with biological relatives who received informative tests results through the Program may qualify for familial variant testing through the My Retina Tracker Program at no cost.

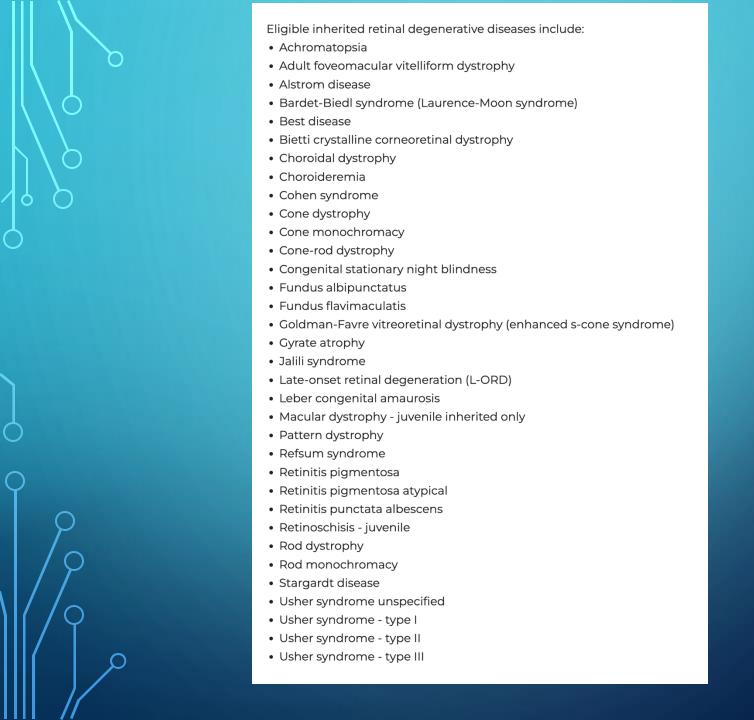
Participants who undergo genetic testing with the My Retina Tracker Genetic Testing Program's targeted familial variant testing must:

- Reside in the United States or a US territory.
- Have a blood relative tested through the Program who received an informative genetic testing result through PreventionGenetics.\*
- Have not undergone genetic testing with a panel consisting of 32 or more IRD-related genes within the last 5 years, whole exome sequencing, or whole genome sequencing.
- Have not received an IRD-related molecular diagnosis from any previous genetic testing.
- Be willing to join the My Retina Tracker Registry and share their genetic testing results, including PHI, with the Registry.

\*Of note, the familial variants must be sequence-based (nucleotide substitutions and indels) and within the nuclear genome to qualify for free testing and the participant must meet the following criteria based on the inheritance pattern of the gene identified in the proband:

- Dominant conditions: Targeted testing will be available to all blood relatives on the side of the
  symptomatic parent. If both parents are asymptomatic, targeted parental testing will be offered to
  determine if the case is a de novo variant. If one of the parents has the variant, targeted testing will be
  available to all blood relatives on that side of the family.
- Recessive conditions: Targeted testing will be available to all first-degree relatives (parents, full siblings).
- X-linked: Targeted testing will be available to mother, full male siblings, male maternal half-siblings, and male relatives on maternal side. If there is evidence of manifesting heterozygous women in the family history or the literature, targeted testing will be offered through the same pathway as dominant genes.

Eligible inherited retinal degenerative diseases include:







#### Program eligibility

This gene testing initiative is appropriate for patients suspected of having an inherited retinal disease (e.g., retinitis pigmentosa, Leber congenital amaurosis, Stargardt disease, etc.) and who have experienced one or more of the following:

- Peripheral field loss
- Nyctalopia
- Deterioration in color vision
- Central vision loss
- Photophobia
- Any of the above with syndromic findings

Note: This program does not test for genes associated with age-related macular degeneration.

# WHAT YOU DO: TAKES ABOUT 10 MINUTES OF EXAM TIME AND 5 ADDITIONAL MIN OF STAFF TIME

- get a kit. They are free.
- Fill out online consent forms. This takes a bit of time.
- Fill out the vile label
- Patient spits in the vile or swab cheek.
- Close it which puts preservative in
- Put vile in bag, bag in box, in fedex bag and mail out with the form.
- Takes about a week to arrive to lab.
- A month or so to get the results.

#### **COMPLEX SCIENCE. STRAIGHTFORWARD PROCESS.**

The science behind genetic testing may be deeply complicated, but the testing procedure itself can be relatively simple.



Get an exam.



Meet with a genetic counselor.



Provide a sample.



Discuss the results.

Weśś

Eyewanttoknow.com

## WHEN TO INCLUDE THE COUNSELOR

- I usually have the genetic counselor call first.
- InformedDNA is the company.
- I follow up afterwards.

### YHAT THE RESULTS LOOK LIKE:



#### **RESULT: CARRIER**

One Pathogenic variant identified in ABCA4. ABCA4 is associated with autosomal recessive inherited retinal disorders.

One Pathogenic variant identified in IFT80. IFT80 is associated with autosomal recessive asphyxiating thoracic dystrophy.

Additional Variant(s) of Uncertain Significance identified.

GENE	VARIANT	ZYGOSITY	VARIANT CLASSIFICATION
ABCA4	c.6320G>A (p.Arg2107His)	heterozygous	PATHOGENIC
IFT80	Deletion (Exons 9-12)	heterozygous	PATHOGENIC
EYS	c.1459+5C>T (Intronic)	heterozygous	Uncertain Significance
NR2E3	c.1127C>T (p.Pro376Leu)	heterozygous	Uncertain Significance
PHYH	c.829-3C>A (Intronic)	heterozygous	Uncertain Significance

#### **Clinical summary**

A Pathogenic variant, c.6320G>A (p.Arg2107His), was identified in ABCA4.

- The ABCA4 gene is associated with autosomal recessive cone-rod dystrophy (CRD) (MedGen UID: 349030), Stargardt disease (STGD) (MedGen UID: 383691), and retinitis pigmentosa (RP) (MedGen UID: 400996). Additionally, there is preliminary evidence supporting a correlation with autosomal dominant age-related macular degeneration (ARMD) (PMID: 10880298).
- This individual is a carrier for autosomal recessive ABCA4-related conditions. This result is insufficient to cause autosomal recessive ABCA4-related conditions; however, carrier status does impact reproductive risk.
- ABCA4-related disorders consist of a spectrum of phenotypically overlapping retinal dystrophies (PMID: 26527198, 12789571). CRD is characterized by progressive decreased visual acuity of the central field, photophobia, and poor color vision noted in the first decade of life; night blindness, loss of peripheral vision, and nystagmus also typically occur (PMID: 12037008, 12796258). STGD, also known as fundus flavimaculatus, shows early-stage clinical overlap with CRD, and is characterized by onset of slowly progressive central vision loss in childhood (though first presentation may be in adulthood in STGD); while those affected with STGD do experience night blindness, they typically retain peripheral vision (PMID: 25444351, 21510770). RP initially presents differently from CRD, though they both eventually result in similar clinical phenotypes (PMID: 17270046, 10874631). RP first presents with night blindness and loss of peripheral vision; affected individuals eventually lose central vision (PMID: 26835369, 10874631). RP is highly variable in regards to severity, clinical symptoms, and age of onset (PMID: 17296890).
- Biological relatives have a chance of being a carrier for or being at risk for autosomal recessive ABCA4-related conditions. Testing should be considered if clinically appropriate. The chance of having a child with autosomal recessive ABCA4-related conditions depends on the carrier state of this individual's partner.
- While confirmation of this result by an alternate method could not be completed due to sample limitations, there is high confidence that this variant is a true result.

A Pathogenic variant, Deletion (Exons 9-12), was identified in IFT80.

- The IFT80 gene is associated with autosomal recessive asphyxiating thoracic dystrophy (MedGen UID: 468503).
- This individual is a carrier for autosomal recessive IFT80-related conditions. This result is insufficient to cause autosomal recessive IFT80-related conditions; however, carrier status does impact reproductive risk.
- Asphyxiating thoracic dystrophy (ATD) is a skeletal ciliopathy characterized by shortened ribs and long bones, polydactyly, and brachydactyly (PMID: 22791528, 23339108, 23985472). Extraskeletal clinical features may include retinal dystrophy, renal disease, hepatic fibrosis, and gastrointestinal manifestations (PMID: 22791528, 23339108). ATD may be lethal in the neonatal period due to diminished respiratory capacity from a constricted thoracic cage (PMID: 22791528). For a review of therapeutic methods used in the management of ATD, please refer to Poyner and Bradshaw, 2013 (PMID: 23985472).
- Biological relatives have a chance of being a carrier for or being at risk for autosomal recessive IFT80-related conditions. Testing should be considered if clinically appropriate. The chance of having a child with autosomal recessive IFT80-related conditions depends on the carrier state of this individual's partner.

A Variant of Uncertain Significance, c.1459+5C>T (Intronic), was identified in EYS.

- The EYS gene is associated with autosomal recessive retinitis pigmentosa (RP) (MedGen UID: 350427).
- Not all variants present in a gene cause disease. The clinical significance of the variant(s) identified in this gene is uncertain. Until this uncertainty
  can be resolved, caution should be exercised before using this result to inform clinical management decisions.
- Familial VUS testing is not offered. Testing family members for this variant will not contribute evidence to allow variant reclassification. Details on our VUS Resolution and Family Variant Testing Programs can be found at https://www.invitae.com/family.

A Variant of Uncertain Significance, c.1127C>T (p.Pro376Leu), was identified in NR2E3.

- The NR2E3 gene is associated with autosomal recessive enhanced S-cone syndrome (ESCS) (MedGen UID: 341446) and autosomal dominant retinitis pigmentosa (RP) (MedGen UID: 410004). Additionally, the NR2E3 gene has preliminary evidence supporting a correlation with autosomal recessive retinitis pigmentosa (RP) (PMID: 18294254, 27032803).
- Not all variants present in a gene cause disease. The clinical significance of the variant(s) identified in this gene is uncertain. Until this uncertainty can be resolved, caution should be exercised before using this result to inform clinical management decisions.
- This variant qualifies for complimentary family studies as part of our VUS Resolution Program. Familial VUS testing is recommended if informative family members are available and are likely to provide additional evidence for future variant reclassification. Details on our VUS Resolution Program can be found at https://www.invitae.com/family.

# THE GOOD AND THE BAD OF THIS TESTING

- So here's the issue:
- 1. The results are often ambiguous
- 2. I'm not a genetic counselor, even when they are positive I often wonder if what I say is adequate. (do you know what those diseases are? Can you describe them with elegance?)
- 3. It takes me a lot of time to figure all this out.
- 4. The same gene can have different presentations
- 5. Conversations are often long. Take up a lot of chair time.

• Genecard: <a href="https://www.genecards.org/cgi-bin/carddisp.pl?gene=IFT80">https://www.genecards.org/cgi-bin/carddisp.pl?gene=IFT80</a>

OMIM (Online Mendelian Inheritance in Man):
 <a href="https://omim.org/entry/611177">https://omim.org/entry/611177</a>

• https://www.genenames.org/

### WHO TO TEST?

- I often get asked about testing family members, children etc.
- My rule of thumb: don't test people without symptoms (they don't qualify for free testing anyway)
- Also there are AMA guidelines for this

# AMA GUIDELINES FOR GENETIC TESTING OF CHILDREN

https://code-medical-ethics.ama-assn.org/ethicsopinions/genetic-testingchildren#:~:text=Offer%20diagnostic%20testing%20wh en%20the,ameliorate%20the%20condition%20are%20a vailable.

### MAKING A CLINICAL DIAGNOSIS

- I run an ERG service so I usually use special testing to make diagnosis before running genetics.
- They help provide more information.

# ELECTRODIAGNOSTIC TESTING 101

LEANING ON OTHER TEST RESULTS.

# I HAVE THE ADVANTAGE OF HAVING AN ERG, MFERG AND/OR VEP ON ALMOST EVERYONE.

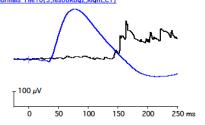
THIS ALLOWS ME TO DIAGNOSE BASED ON TESTING AND THEN GO AFTER THE GENETICS.

# THIS IS A FULL FIELD ERG

#### Ganzfeld ERG Comparison to Norms

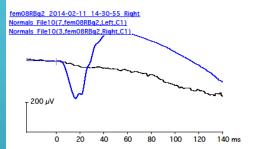
ISCEV 2008 Standard Subject Right Eye Normals

<u>fes08RBq2\_2014-02-11\_14-06-39\_Right</u> <u>Normals\_File10(7,fes08RBq2,Left,C1)</u> <u>Normals\_File10(3,fes08RBq2,Right,C1)</u>



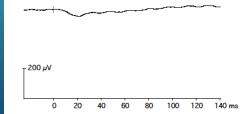
Dark-Adapted 0.01 ERG

#### Dark-Adapted 3.0 ERG



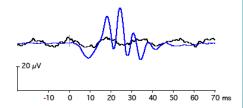
#### Dark-Adapted 10.0 ERG

fe10b08RBq2 2014-02-11 14-33-09 Right Normal File(ELeftC1) Normal File(ERightC1)



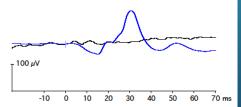
#### Scotopic 3.0 OPs

feo08RBq2 2014-02-11 14-34-59 Right Normals File10(7,feo08RBq2,Left,C1) Normals File10(3,feo08RBq2,Right,C1)



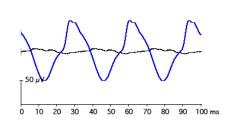
#### Photopic 3.0 ERG

fepww08RBq2 2014-02-11 14-38-36 Right Normals File10(7,fepww08RBq2,Left,C1) Normals File10(3,fepww08RBq2,Right,C1)



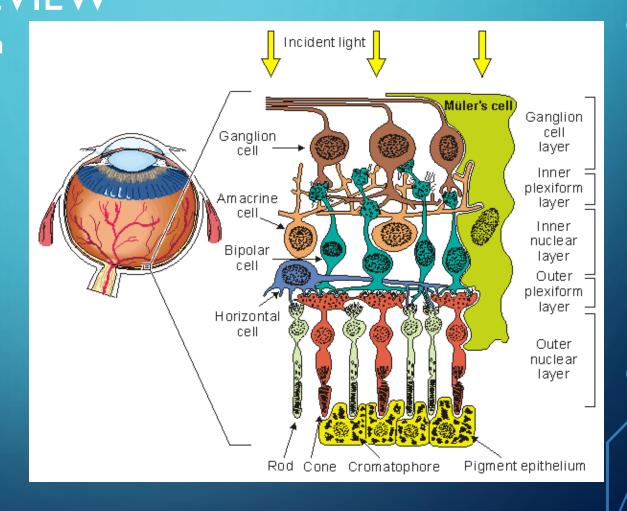
#### Photopic 3.0 Flicker

fefww08RBq2 2014-02-11 14-42-41 Right Normals File10(7,fefww08RBq2,Left,C1) Normals File10(3,fefww08RBq2,Right,C1)



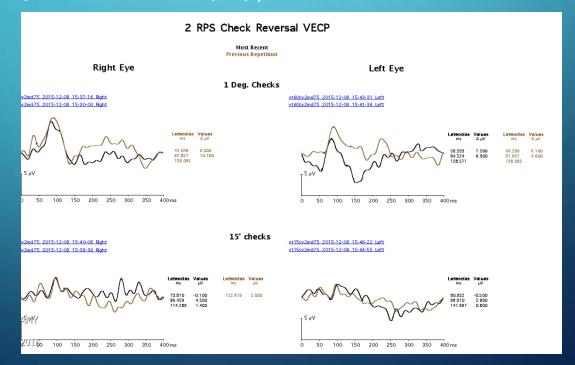
# Cellular Origins of Electrodiagnostics ERG A REVIEW

• Credit: webvision



### WHAT DO WE USE IT FOR?

- unexplained vision loss with a normal ERG
- MS
- asymmetric optic nerve atrophy/disease



CASES

- RP
- ABCA4
- other diagnosis

### GENETICS IN RP

- Genetics in RP are now a must.
- Becoming Standard of care.

• If you told me 20 years ago that I'd live in Texas and collect spit for a living and talking about spit collection I would not have believed you.

### RP CASE WITH GENETICS

Why must we test the RP patients?

Treatments available and in trials

RPE65 and Luxturna

**RPGR** 

Others

RPE 65

- About 2% of RP
- Also causes LCA
- Luxturna

# RP CASE 1



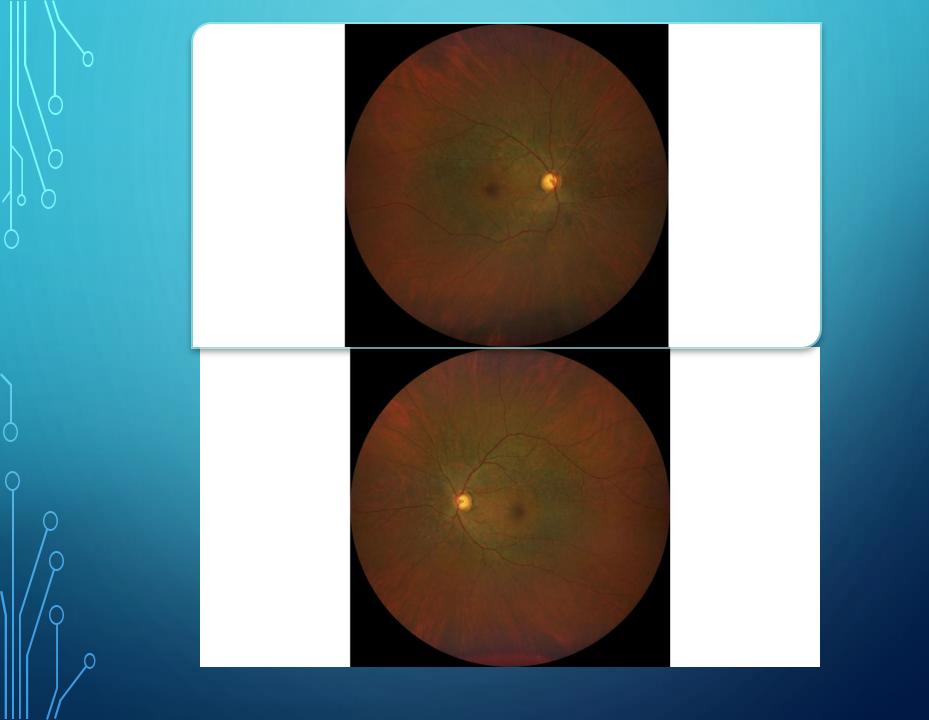
Patient presents for ERG

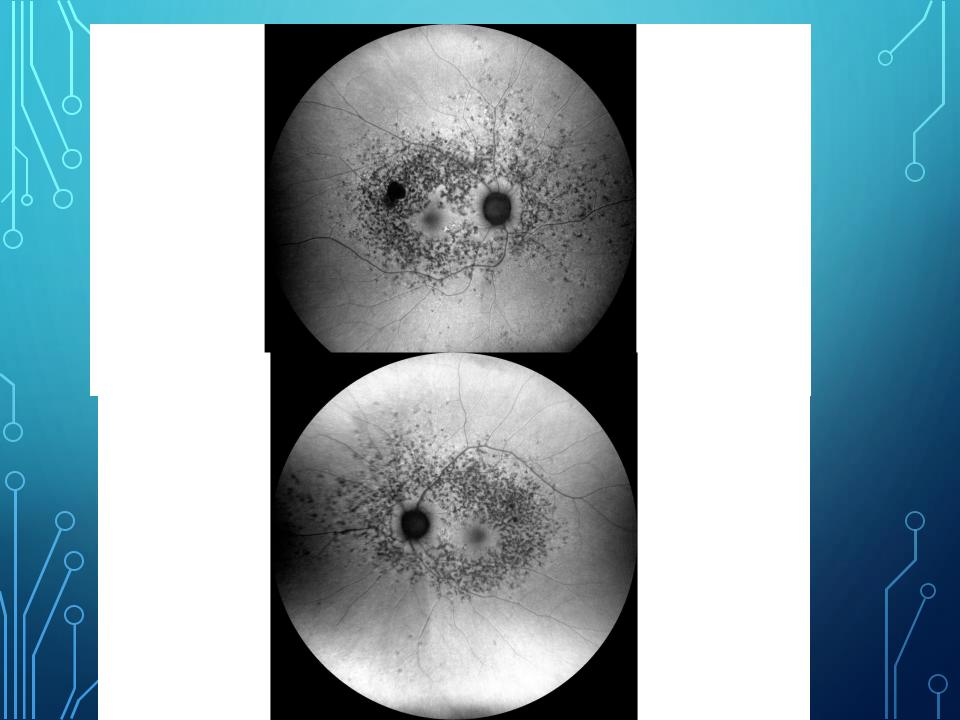


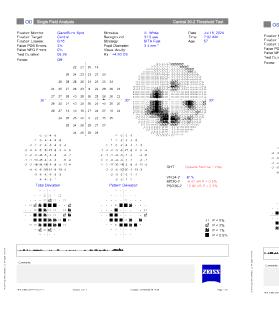
20/20 OD, OS but with sections of lost vision

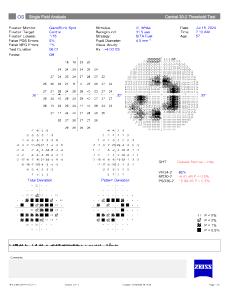


Lots of the family has RP but retinal appearance doesn't match classic RP









# **GENETICS**

- Patient was positive for the SAG gene
- SAG is a common RP in the Hispanic population
- Dominant in transmission
- No treatment, following over time.

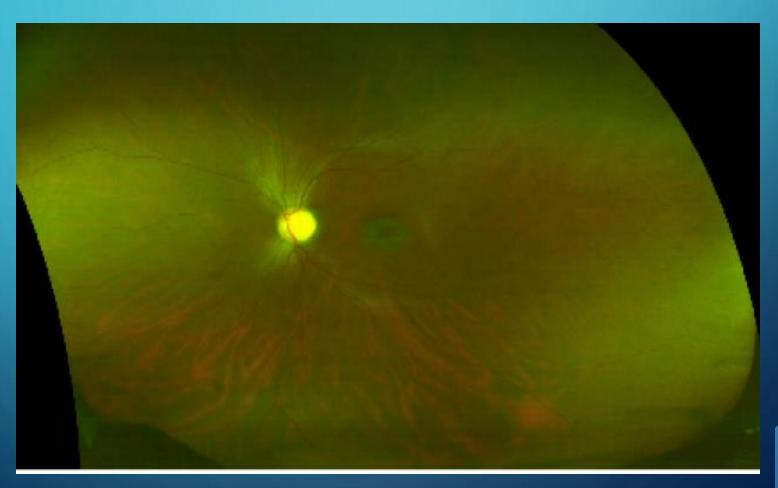
# CASE 2- BULLSEYE

- 38 year old BF patient, referred for ERG for a bullseye maculopathy
- Wants more contact lenses. Presented to original OD looking for CL, has been referred to retina and ran out of lenses while waiting.
- No family history of eye problems.
- Does have children
- Was told she was going to lose all her vision. Scared and looking for answers (and also contacts lenses)

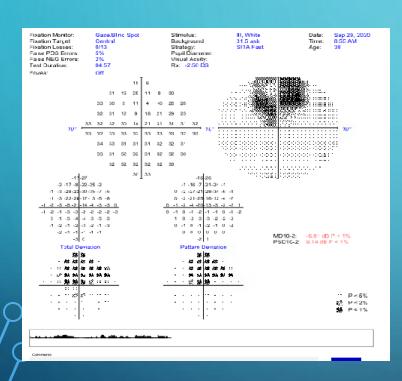
# **ENTRY TESTS**

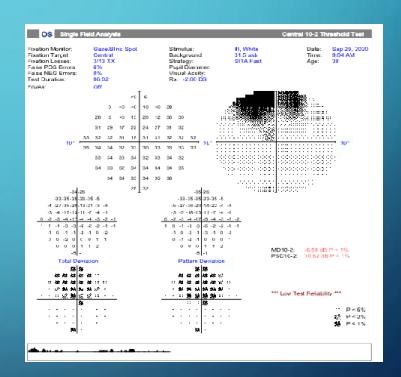
- 20/30 OD 20/80 OS
- Pupils, EOMS normal
- Color: See attached
- Field: See attached

# **OPTOS**

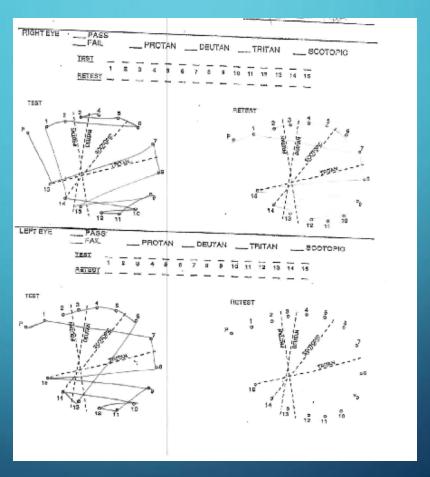


# **FIELDS**

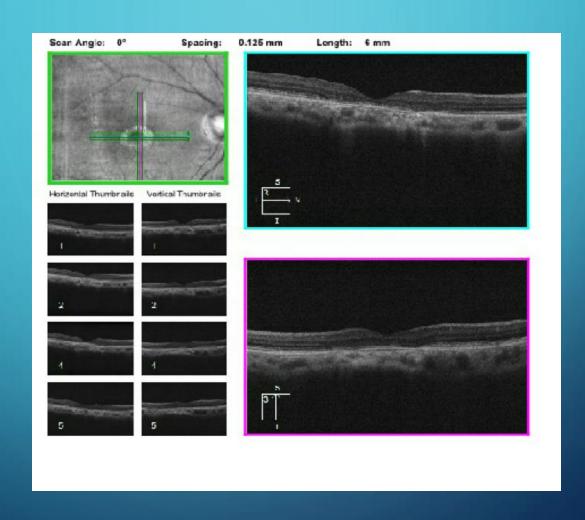




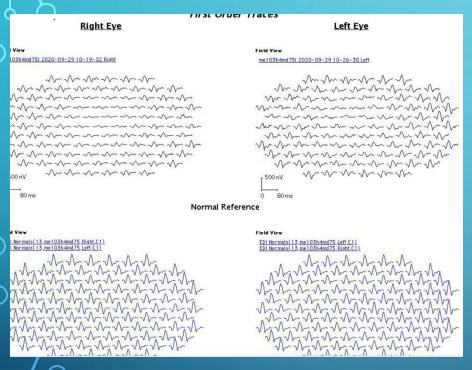
# COLOR TESTING

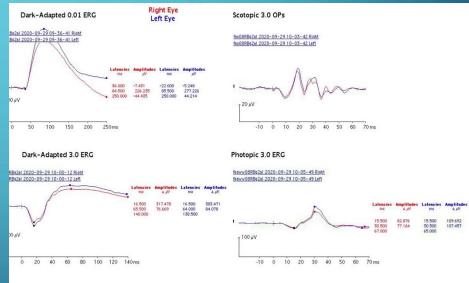


# OCT



# **ERGS**





- Exam ends: Cone dystrophy with some rod involvement.
   Order genetic testing.
- Told patient to expect to lose some more vision in good eye
- Told her its fine to wear CL
- Recommended low vision

# GENETIC TESTING RESULTS BACK!

- ABCA4 carrier one copy of ABCA4 defect
- cone/rod dystrophy. Not 100% clear what is going on but it's likely this gene contributes.

One Pathogenic variant identified in ABCA4. ABCA4 is associated with autosomal recessive inherited retinal disorders.

One Pathogenic variant identified in VPS13B. VPS13B is associated with autosomal recessive Cohen syndrome.

Additional Variant(s) of Uncertain Significance identified.

GENE	VARIANT	ZYCOSITY	VARIANT CLASSIFICATION.
ABCA4	c.6316C>T (p.Arg2106Cys)	heterozygous	PATHOGENIC
VPS138	c.5034del (p.His1679tlefs*8)	heterozygous	PATHOGENIC
COL2A1	c.3511C>T (p.Pro1171Ser)	heterozygous	Uncertain Significance
EMC1	c.1945-1G>T (Splice acceptor)	heterazygous	Uncertain Significance
LRP2	c.12056A>G (p.Gln4019Arg)	heterozygous	Uncertain Significance
MAK	c.556G>T (p.Val186Phe)	heterozygous	Uncertain Significance
WHRN	c.2461A>C (p.Lys821Cln)	heterozygous	Uncertain Significance

### A Pathogenic variant, c.6316C>T (p.Arg2106Cys), was identified in ABCA4.

- The ABCA4 gene is associated with autosomal recessive cone-rod dystrophy (CRD) (MedGen UID: 349030). Stargardt disease (STGD) (MedGen UID: 383691), and retinitis pigmentosa (RP) (MedGen UID: 400996). Additionally, there is preliminary evidence supporting a correlation with autosomal dominant age-related macular degeneration (ARMD) (PMID: 10880298).
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  considered if clinically appropriate. The chance of having a child with autosomal recessive ABCA4-related conditions depends on the carrier state
  of this individual's partner.

### A Pathogenic variant, c.5034del (p.His1679llefs\*8), was identified in VPS13B.

- The VPS13B gene is associated with autosomal recessive Cohen syndrome (MedGen UID: 78539).
- This individual is a carrier for autosomal recessive Cohen syndrome. This result is insufficient to cause autosomal recessive Cohen syndrome; however, carrier status does impact reproductive risk.
- Cohen syndrome is a developmental disorder characterized by intellectual disability, microcephaly, hypotonia, joint hypermobility, characteristic
  facial features, short stature, progressive early onset myopia, progressive retinochoroidal dystrophy, neutropenia and truncal obesity developing in
  late childhood. Affected individuals are described as having a happy disposition. The features of Cohen syndrome can vary widely between
  individuals (PMID: 12676892).
- Biological relatives have a chance of being a carrier for or being at risk for autosomal recessive Cohen syndrome. Testing should be considered if clinically appropriate. The chance of having a child with autosomal recessive Cohen syndrome depends on the carrier state of this individual's partner.

# ABCA4

- Gene for Stargardt
- This is what the genetic counselors will say.

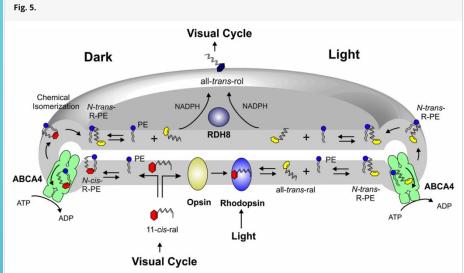
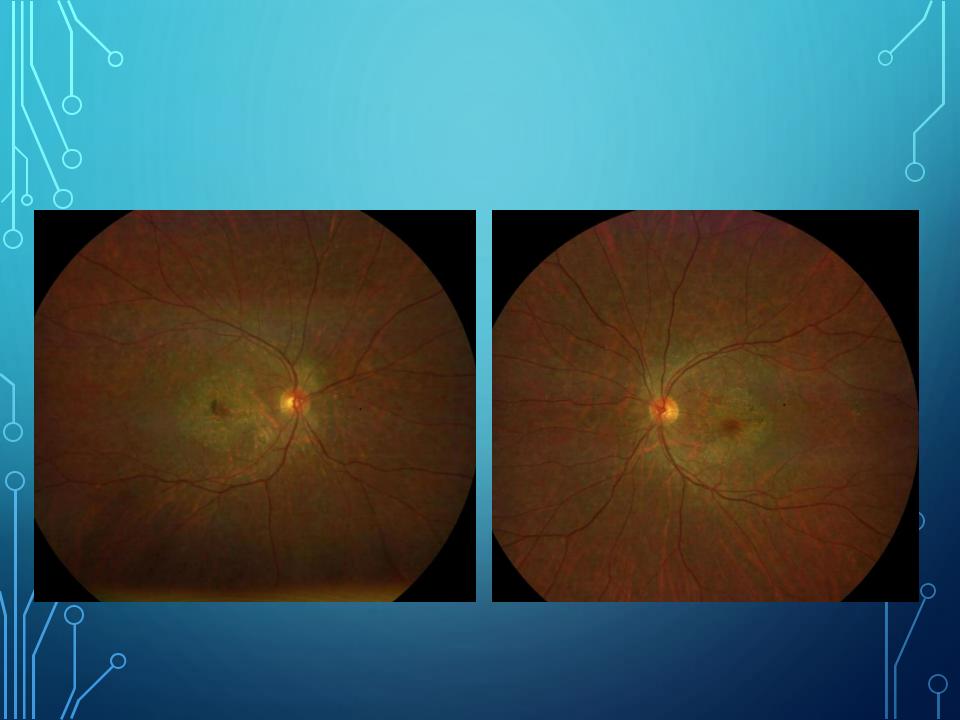


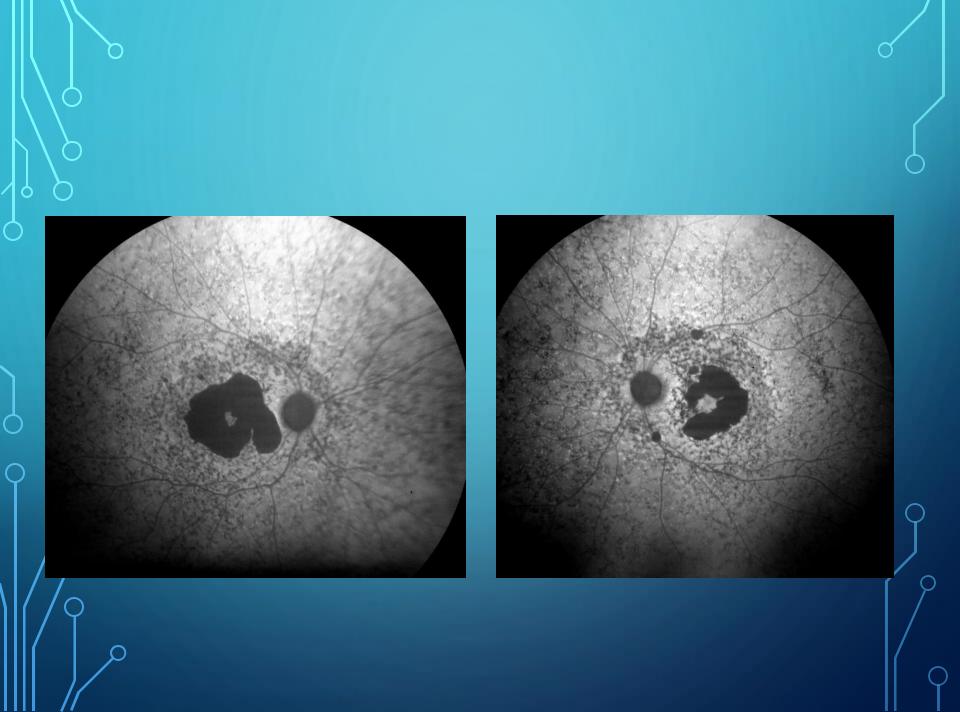
Diagram showing the reactions involved in the clearance of 11-cis- and all-trans-retinal from photoreceptor disk membranes. Excess 11-cis-retinal (11-cis-ral) not required for the regeneration of rhodopsin (or cone opsin) reversibly reacts with PE to produce the N-11-cis-retinylidene-PE (N-cis-R-PE) which is actively flipped by ABCA4 from the lumen to the cytoplasmic leaflet of disk membranes. N-cis-R-PE is isomerized to its all-trans isomer (N-trans-R-PE) which can also be transported by ABCA4. All-trans-retinal produced through mass action is reduced by RDH8 to produce all-trans-retinol (all-trans-rol) which enters the visual cycle. All-trans-retinal produced from the bleaching of rhodopsin (or cone opsin) reversibly reacts with PE to form N-trans-R-PE which can be flipped by ABCA4 to the cytoplasmic leaflet of discs enabling all-trans-retinal to be reduced by RDH8 for entry into the visual cycle.

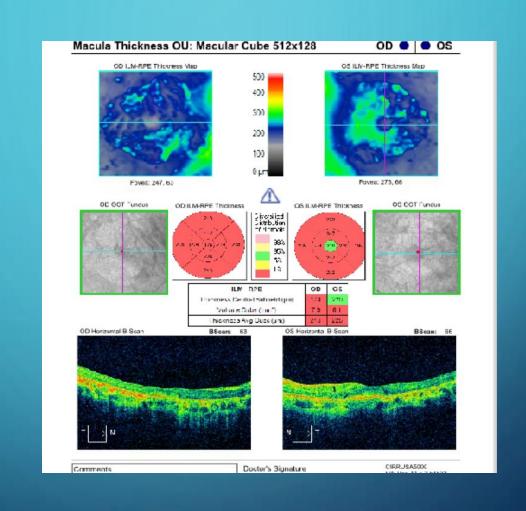
Image from Quazi and Molday PNAS 2014

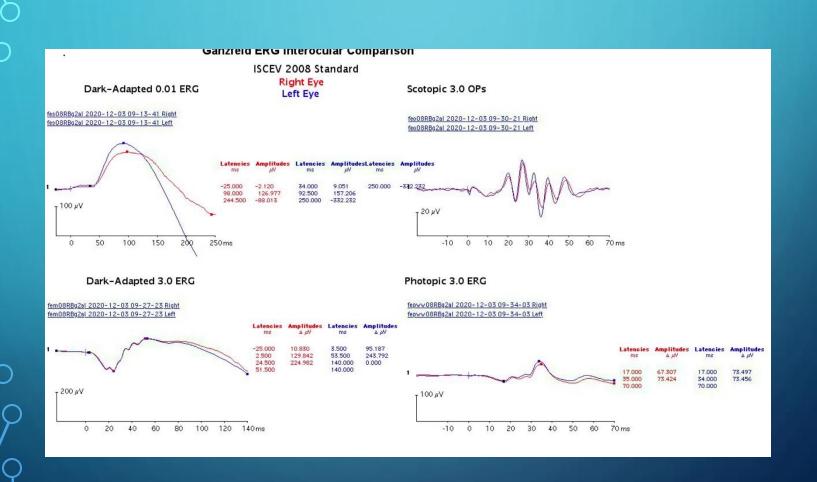
# SAME GENE BULLSEYE NEW CASE – CASE 3

- 49 Asian female referred for ERG/EOG
- 20/60 OD and 20/40 OS
- Loss of central and night vision; exam translated. Patient did not speak English











### **RESULT: POTENTIALLY POSITIVE**

Two Pathogenic variants identified in ABCA4. ABCA4 is associated with autosomal recessive inherited retinal disorders.

Additional Variant(s) of Uncertain Significance identified.

GENE	VARIANT	ZYGOSITY	VARIANT CLASSIFICATION
ABCA4	c.1957C>T (p.Arg653Cys)	heterozygous	PATHOGENIC
ABCA4	c.71G>A (p.Arg24His)	heterozygous	PATHOGENIC
ADGRA3	c.859G>A (p.Asp287Asn)	heterozygous	Uncertain Significance
ALMS1	c.815C>T (p.Ser272Leu)	heterozygous	Uncertain Significance
BBS10	c.2065A>C (p.Thr689Pro)	heterozygous	Uncertain Significance
CEP290	c.1448C>T (p.Thr483lle)	heterozygous	Uncertain Significance
CNGB1	c.292C>T (p.Pro98Ser)	heterozygous	Uncertain Significance
COL2A1	c.2943C>T (Silent)	heterozygous	Uncertain Significance
COL9A2	c.1736G>A (p.Arg579Gln)	heterozygous	Uncertain Significance
ZNF423	c.1908A>G (Silent)	heterozygous	Uncertain Significance

Two Pathogenic variants, c.1957C>T (p.Arg653Cys) and c.71G>A (p.Arg24His), were identified in ABCA4. The data from this test cannot definitively determine if these variants are on the same or opposite chromosomes.

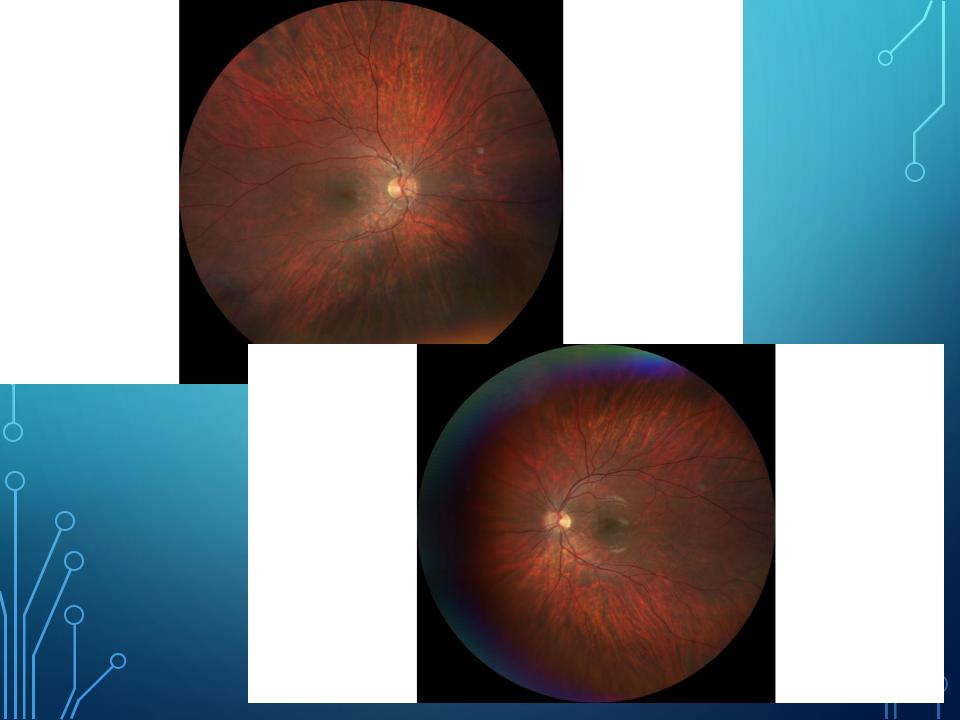
- The ABCA4 gene is associated with autosomal recessive cone-rod dystrophy (CRD) (MedGen UID: 349030), Stargardt disease (STGD) (MedGen UID: 383691), and retinitis pigmentosa (RP) (MedGen UID: 400996). Additionally, there is preliminary evidence supporting a correlation with autosomal dominant age-related macular degeneration (ARMD) (PMID: 10880298).
- If two causative variants are present on opposite chromosomes, then this result is consistent with a predisposition to, or diagnosis of, ABCA4-related conditions.
- ABCA4-related disorders consist of a spectrum of phenotypically overlapping retinal dystrophies (PMID: 26527198, 12789571). CRD is characterized by progressive decreased visual acuity of the central field, photophobia, and poor color vision noted in the first decade of life; night blindness, loss of peripheral vision, and nystagmus also typically occur (PMID: 12037008, 12796258). STGD, also known as fundus flavimaculatus, shows early-stage clinical overlap with CRD, and is characterized by onset of slowly progressive central vision loss in childhood (though first presentation may be in adulthood in STGD); while those affected with STGD do experience night blindness, they typically retain peripheral vision (PMID: 25444351, 21510770). RP initially presents differently from CRD, though they both eventually result in similar clinical phenotypes (PMID: 17270046, 10874631). RP first presents with night blindness and loss of peripheral vision; affected individuals eventually lose central vision (PMID: 26835369, 10874631). RP is highly variable in regards to severity, clinical symptoms, and age of onset (PMID: 17296890).
- Testing parents or additional informative relatives could assist in determining phase, contributing evidence to allow variant reclassification or informing recurrence risk. Please contact Invitae Client Services with any follow-up questions.

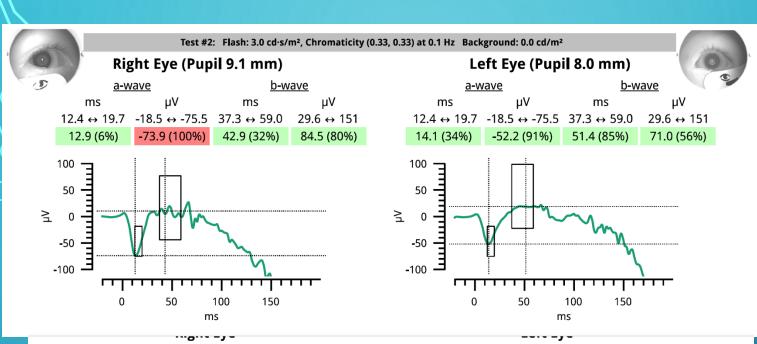
# ADDITIONAL CASES

# VISION LOSS

- 9 year old male, high myope presents with decreased vision for ERG
- 20/50 OD, 20/80 OS

Very high myope (about -7 OD, OS)





Start: 10:39 AM, Duration: 0 hour(s) 0 min(s)
Background: 30 cd/m², Chromaticity (0.33, 0.33)

-20

20

ms

Start: 10:41 AM, Duration: 0 hour(s) 0 min(s) Background: 30 cd/m², Chromaticity (0.33, 0.33)

### Test #5: Flash: 3.0 cd·s/m², Chromaticity (0.33, 0.33) at 2 Hz Background: 30 cd/m², Chromaticity (0.33, 0.33) Right Eye (Pupil 3.2 mm) Left Eye (Pupil 8.2 mm) a-wave b-wave a-wave b-wave μV μV μ۷ ms ms ms ms μV **-**3.0 ↔ **-**16.9 21.2 ↔ 68.8 **-**3.0 ↔ **-**16.9 9.8 ↔ 14.0 25.2 ↔ 30.4 9.8 ↔ 14.0 25.2 ↔ 30.4 21.2 ↔ 68.8 10.6 (13%) -4.6 (7%) 27.5 (45%) 4.1 (0%) 1 17.3 (100%) -2.6 (0%) 30.6 (100%) 4.1 (0%) 14.1 (100%) -5.0 (10%) 28.4 (77%) 3.9 (0%) 2 16.9 (100%) -1.5 (0%) 26.9 (27%) 1.9 (0%) 12.4 (68%) 17.1 (100%) 28.0 (64%) 28.7 (83%) -4.8 (9%) 4.0 (0%) -2.1 (0%) 3.0 (0%) 60 40 40 斊 <sub>20</sub> <u>국</u> 20 -20 **–**3 -20

-20

20

ms

80

# FOUND: RP1L1

### SUMMARY OF RESULTS

### **PRIMARY FINDINGS**

The patient is heterozygous for *RP1L1* c.251C>T, p.(Pro84Leu), which is a variant of uncertain significance (VUS).

### **ADDITIONAL FINDINGS**

The patient is heterozygous for ABCA4 c.733T>C, p.(Tyr245His), which is a variant of uncertain significance (VUS).

Please see APPENDIX 2: Additional Findings for further details

### RP1L1 c.251C>T, p.(Pro84Leu)

There are 2 individuals heterozygous for this variant in gnomAD, a large reference population database (n>120,000 exomes and >15,000 genomes) which aims to exclude individuals with severe pediatric disease. All in silico tools utilized predict that this variant will be damaging to protein structure and function. The affected amino acid is highly conserved in mammals as well as in evolutionarily more distant species, which suggests that this position does not tolerate variation. There is a moderate physicochemical difference between proline (Pro) and leucine (Leu), therefore this is considered a non-conservative substitution (Grantham score = 98 [0-215]). To the best of our knowledge, this variant has not been described in the medical literature or reported in disease-related variation databases such as ClinVar or HGMD. We have previously reported this variant as heterozygous in a patient with pattern dystrophy (BpG unpublished observations).

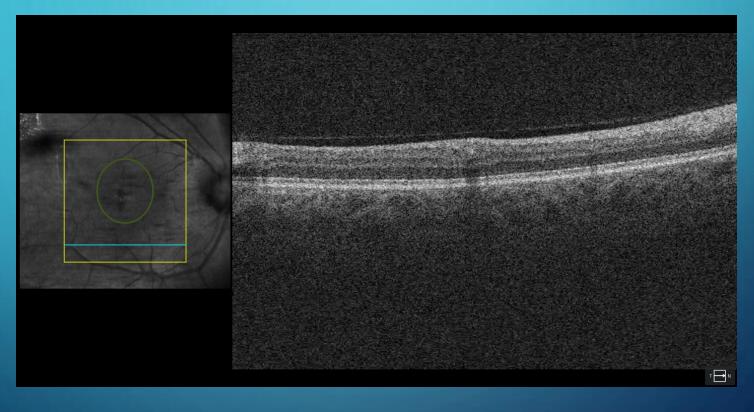
### RP1L1

RP1L1 (MIM\*608581) encodes a protein that shares 35% amino acid identity with RP1, a gene responsible for 5 to 10% of cases with autosomal dominant retinitis pigmentosa. Variants in RP1L1 have been associated with autosomal dominant occult macular dystrophy (OCMD; MIM#613587) and autosomal recessive retinitis pigmentosa (arRP; MIM #618826). RP1L1-associated photoreceptor disease has been recently summarized by Noel et al (PMID: 32360662). OCMD is an autosomal-dominant form of inherited macular dystrophy characterized by a progressive decrease of visual acuity due to macular dysfunction (PMID: 2774037, 8909203). The disorder was termed "occult" because the macular dysfunction of this disease is hidden by a normal fundus appearance. Typical OCMD, as described by Miyake et al. (PMID: 25665791), is characterized by central cone dysfunction and occasionally rod dysfunction, leading to a loss of vision despite normal ophthalmoscopic appearance, normal fluorescein angiography, and normal full-field electroretinograms (ERGs). Abnormal focal macular ERGs and blurring of the IS/OS junction and the disappearance of the cone outer segment tip (COST) line in SD-OCT images have been reported (PMID: 22605915). OCMD has a broad range of age at onset (6 to 81 years). Thirty distinct variants [23 disease-causing (DM) and 7 likely disease-causing (DM?)] have been associated with OCMD according to HGMD® Professional 2022.2; all but three of these are missense, one is a nonsense, one is a frameshift and one is a small indel variant (Sui et al. ARVO Annual Meeting Abstract, June 2017, PMID: 27623337).

Homozygous variants in *RP1L1* have recently been reported in patients with autosomal recessive retinitis pigmentosa. Two homozygous truncating variants and one homozygous missense variant [c.601delG, p.(Lys203Argfs\*28); c.1972C>T p.(Arg658\*); c.1637G>C, p.(Ser546Thr)] have been associated with typical retinitis pigmentosa (PMID: 23281133, 25324289). Also, nonsense variant *RP1L1* c.5959C>T, p.(Gln1987\*) has been reported in a patient with RP. The variant presumably was detected in the homozygous state (PMID: 26355662). In addition, a homozygous missense variant, *RP1L1* c.3628T>C p.(Ser1210Pro), has been reported in a patient with cone dystrophy (PMID: 25692141). Recently, Zobor *et al.* described four RP patients with biallelic variants in *RP1L1* (PMID: 30025130). The first patient, diagnosed with RP at age 35, had a homozygous nonsense variant *RP1L1* c.3022C>T, p.(Gln1008\*). Two siblings had the *RP1L1* c.5959C>T, p.(Gln1987\*) variant together with a missense variant *RP1L1* c.455G>A, p.(Arg152Gln). The fourth patient (arRP4, male, 40 years) had been suffering from night blindness and slowly progressing visual field loss for 10 years, and had a homozygous nonsense variant *RP1L1* c.1107G>A, p.(Trp369\*). All arRP cases described by Zobor *et al.* were mild with disease onset ≈30 years and preserved ERG-responses.

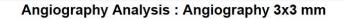
RP1L1 variants have historically been associated with occult macular dystrophy and RP; however, there is increasing evidence that RP1L1 variants may play a role in additional photoreceptor diseases and/or that OCMD may be an early stage of more severe macular degenerations (PMID: 32360662). In a recent review, a patient with severe macular degeneration and compound heterozygous variants in RP1L1, c.1370C>G, p.(Ser457Cys) and c.4396G>T, p.(Glu1466\*) (both absent in gnomAD), and a mother and daughter with adult pseudovitelliform macular dystrophy, both heterozygous for missense variant, RP1L1 c.1994C>G, p.(Pro665Arg) (also absent in gnomAD), have been reported (PMID: 32360662).

# CASE 5: SURE LOOKS GENETIC TO ME....



# PATIENT PRESENTS

- Patient presents for ERG/EOG for questionable pattern dystrophy
- looks like a pattern dystrophy to me too.
- Symmetrical between eyes and has been there for several years





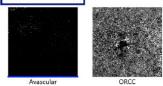


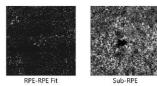


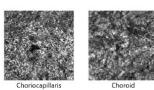


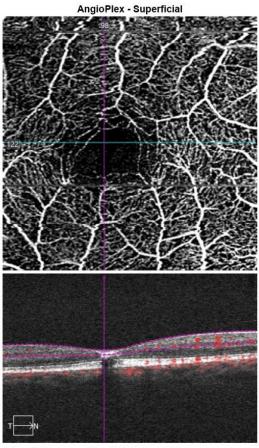


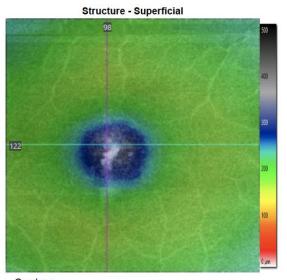












Overlays Structure - Thickness Map AngioPlex - None

Slice: 122

Top: ILM Bottom: IPL

Tracked during scan

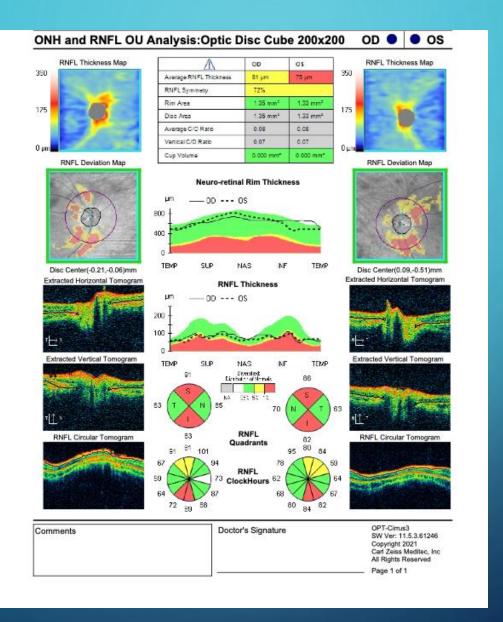
# GENETICS

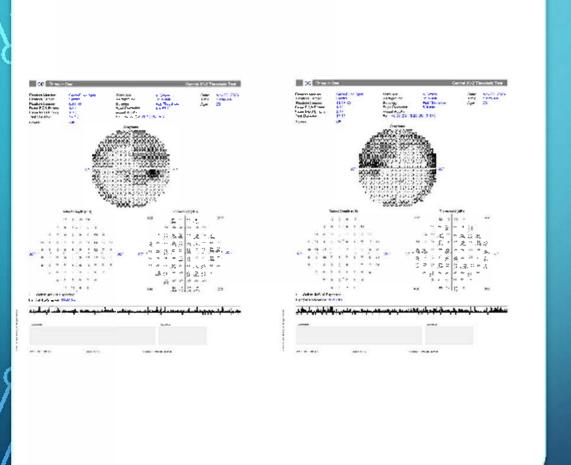
- Blank. Not helpful in anyway.
- So its not these 314 genes....

# CASE 6: OPTIC NERVE ISSUES

 18 year old patient referred to neuro-ophthalmology for optic atrophy with possible RP component?

- Vision very poor (20/400 OD, OS) has been since birth.
- Optic atrophy by age 5
- Sister has too
- Considered Lebers (mitochondrial, usually not in this panel).
- Ran genetics due to RP concern around peripheral pigment changes.





# GENE FOUND

- Gene is for optic atrophy.
- No RP component
- Gives clear picture

### SUMMARY OF RESULTS

### **PRIMARY FINDINGS**

The patient is heterozygous for ACO2 c.487G>T, p.(Val163Leu), which is a variant of uncertain significance (VUS).

The patient is heterozygous for *ACO2* c.1894G>A, p.(Val632Met), which is a variant of uncertain significance (VUS).

### **ADDITIONAL FINDINGS**

The patient is heterozygous for *PPT1* c.329A>G, p.(Asn110Ser), which is a variant of uncertain significance (VUS).

The patient is heterozygous for *CERKL* c.908A>G, p.(Asn303Ser), which is a variant of uncertain significance (VUS).

The patient is heterozygous for *LCA5* c.511C>T, p.(Leu171Phe), which is a variant of uncertain significance (VUS).

Please see APPENDIX 2: Additional Findings for further details

# OPTIC ATROPHY GENE

### ACO2 c.487G>T, p.(Val163Leu)

There are 31 individuals heterozygous for this variant in gnomAD v2, a large reference population database (n>120,000 exomes and >15,000 genomes) which aims to exclude individuals with severe pediatric disease. The variant is predicted to be tolerated by most *in silico* tools utilized. The variant has previously been seen in a compound heterozygous state with a variant of uncertain significance *ACO2* c.1894G>A, p.(Val632Met) in two siblings with optic atrophy. Their mother, who was not reported to be affected, was not a carrier of the *ACO2* c.487G>T, p.(Val163Leu) variant, while the father was not available for testing (PMID: 32449285). We have detected the *ACO2* c.487G>T, p.(Val163Leu) variant as heterozygous in several individuals with other underlying pathogenic genetic variants that better explain their eye findings (BpG, unpublished observation). The variant has been submitted to ClinVar by other clinical testing laboratories (variation ID 214016).

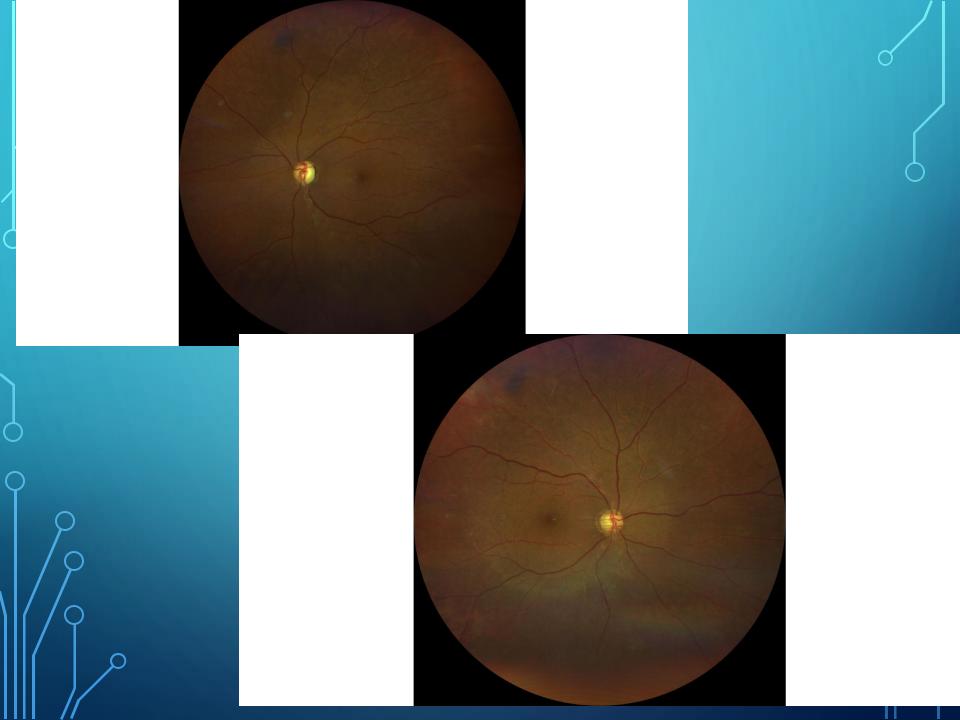
### ACO2 c.1894G>A, p.(Val632Met)

This variant is absent in gnomAD v2, a large reference population database (n>120,000 exomes and >15,000 genomes) which aims to exclude individuals with severe pediatric disease. The variant is predicted to be deleterious by all in silico tools utilized. This variant has been reported in the literature as compound heterozygous with variant of uncertain significance *ACO2* c.487G>T, p. (Val163Leu) in two siblings with optic atrophy (PMID: 32449285). Their mother, who was not reported to be affected, was a carrier of the *ACO2* c.1894G>A, p.(Val632Met) variant. The father was unavailable for testing. The variant has been submitted to ClinVar by other clinical testing laboratories (variation ID: 830372).

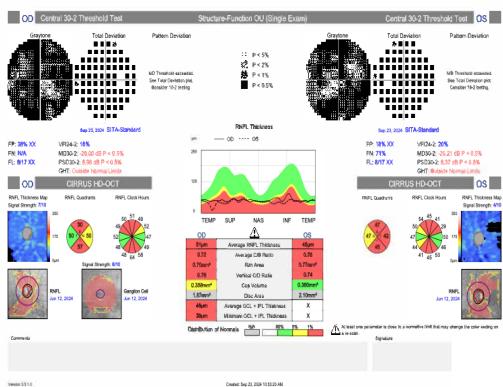
ACO2

# CASE 7: ANOTHER DOCTOR ASKS FOR HELP

- Patient presents with early onset diabetes and vision loss.
- Patient 20 year old female
- Dr thinks patient may have Wolfram syndrome based on clinical history.
- At the time the gene for Wolfram was in the panel so it was collected







# WOLFRAM SYNDROME

- diabetes and vision loss before 15
- Has some trials and possible treatments available
  - 1. Diabetes mellitus (age 6): Diabetes mellitus is a problem with your body's ability to absorb sugar (glucose) from the food you eat. Normally, your pancreas makes insulin, which helps your cells absorb sugars (glucose) from your bloodstream. If you don't make enough insulin or if your cells don't respond to insulin, your blood sugar can rise too high. Wolfram syndrome-related diabetes is similar to Type 1 diabetes, but it's not an autoimmune disease. Diabetes symptoms include frequent urination, increased thirst, blurred vision and unexplained weight loss.
  - 2. Optic atrophy (age 11): Optic atrophy is the degeneration of your optic nerve, which carries signals from your eyes to your brain. Symptoms include blurred, dulled or reduced peripheral (side) vision.
  - 3. Sensorineural hearing loss (age 13): Sensorineural hearing loss occurs due to damage in your inner ear. This type of hearing loss usually gets worse as you get older and can lead to deafness.
  - 4. Diabetes insipidus (age 14): <u>Diabetes insipidus</u> isn't related to diabetes mellitus. It's an issue with the production of an antidiuretic hormone that controls the amount of water in your urine (pee). People with diabetes insipidus have large amounts of watery urine. This excess urination can cause <u>dehydration</u>, electrolyte disturbance, weakness, <u>dry mouth</u> and constipation.

:Cleveland clinic

# GENES BACK!

- Patient does have wolfram gene!!
- Helps with improved treatment for her an her family!

# CONCLUSION

- Genetics can sometimes be helpful in better understanding what is going on with a patient.
- They do not always provide the information wanted however
- They will likely increase over the coming years.